





3:00 AM FEEDING (WATERMELON BASIL AGUA FRESCA)

A non-alcoholic cocktail to celebrate the baby on the way. (Booze optional.)

Serves 20

4 pounds seedless watermelon (about half a large melon)

1 cup sugar

4 ounces fresh basil, plus extra for garnish

8 cups water

6 limes, juiced



Add lime juice and basil to a large container, punchbowl, or multiple pitchers. Muddle basil against the sides with a large spoon or muddler.

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Remove rind from watermelon and cut roughly into cubes.

Working in batches, place the watermelon, sugar, and water in a blender. Purée until smooth. Strain the watermelon through a fine-mesh strainer or cheesecloth into the container(s) containing the lime juice and basil. Stir and let the basil steep for 30 minutes or more; discard basil (or don't!).

Serve over ice. Garnish with a sprig of basil.

Notes:

This keeps well in the refrigerator for a few days, but will separate. Simply stir and serve.

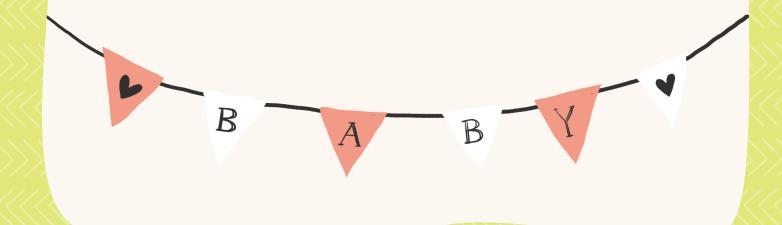
For a spiked version*, stir 1 part alcohol (e.g. vodka, gin, champagne, prosecco) with 4 parts aqua fresca. This can work for individual or multiple servings.

*Spiked version not intended for the mama-to-be.



WHAT NOT TO DO AT A BABY SHOWER

☐ Don't require advance homework for guests. ■ No edible babies of any sort. Buying a gift is work enough. □ Nothing that humiliates the mom. Right now her ☐ Don't make it a surprise. Surprises are not a life is 37% humiliation, with more to come. good idea in late pregnancy. ■ Nothing that involves toilet paper. Why? ☐ Don't share pregnancy, childbirth, or parenting horror stories. Really, none. Seriously, cut ■ No one should end up wearing a diaper, real or fabricated, except for guests under 3. it out. □ No charades. That won't end well. ☐ No jokes, gifts, cards, or games that point out how giant the mom is. □ Don't give baby clothes that need to be dry cleaned, hand washed, or washed in cold water. ☐ No games involving poop, even if it's really choc-Yeah, those'll get worn. olate. They've got enough crap in their future. Don't dress the dad up as a baby. The mom will ☐ Don't play "pin the" anything "on" anything. never want to have sex with him again. ☐ No anatomical cakes. Do not defile the wonder ■ Never use the phrase "advanced maternal age." that is cake. It may be the only thing that brings



the mom comfort right now.

OUR PRECIOUS POOPER GAME

Directions for the game:

- 1. Print and cut out *Our Precious Pooper* prompts. Each person playing should have his or her own separate prompt.
- 2. Each player answers his or her own prompt on the given piece of paper.
- 3. Have one designated person read all the prompts out loud. Laughter ensues.

Other ideas:

- Pin up the filled-out responses on a clothesline
- Guess who wrote what
- Scrapbook responses

What's the most hilarious pregnancy or early parenting story you've heard?



Which absurdly expensive, useless, and hideous baby item have you seen?



What were your strangest food cravings?



What embarrassing and/or inappropriate things have your children said in public?

Describe your most awkward exit from a public place:



What ways did you amuse yourself during middle-of-the night feedings?

What lies you did you tell your child about food, or did your parents tell you about food?





What's the most helpful and/or the silliest parenting tip you've heard?



Describe your biggest travel disaster:



MOM-TO-BE CHAIR SIGN

